



[Asthma Australia](#) has just released several new consumer resources. These resources are ideal for providing straightforward information for patients, and for use in asthma education. The resources include:

2 core resources:

Asthma Basic Facts

Asthma Medication – including diagrams, and step by step guide for device use

Key population resources:

Under 5s

Seniors

In addition to this, Asthma Australia has a range of checklists, such as:

Could it be asthma?

Live well with asthma and a useful guide –

10 Things to ask/tell your doctor.

This popular resource ensures patients provide simple information to their doctor to move toward best practice management.

All resources include the Asthma First Aid procedure. These are widely available in the community for consumers, and for interested Health Professionals can be ordered through local Asthma Foundations.

Resources are available on the web.

For further information on these resources

Contact your local Foundation

1800 645 130

asthmaaustralia.org.au